

MCHS MAY 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Dippers w/Marinara Mini BBQ Chicken Quesadillas Potato Wedges & Peas Fruit, Milk	2 Lasagna w/Breadstick Mini Corndogs Spinach & Corn Fruit, Milk FREE FROZEN TREAT	3 Fish Filet on Bun Chicken Filet (or Spicy) on Bun Potato Wedges, Carrots & Coleslaw Fruit, Milk	4 Homemade Stromboli w/Marinara Cheeseburger on Bun w/Lettuce, Tomato & Onion Baked Beans & Broccoli Fruit, Milk	5 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Candied Sweet Potatoes & Vegetable Soup Fruit, Milk
8 Chili w/Tostitos Chicken Filet on Bun w/Lettuce & Tomato Baked Beans & Carrots Fruit, Milk	9 Oven Fried Chicken w/Roll Salisbury Steak w/Roll Mashed Potatoes & Green Beans Fruit, Milk FREE FROZEN TREAT	10 Fish Filet on Bun Cheeseburger on Bun w/lettuce, Tomato & Onion Potato Wedges & Carrots Fruit, Milk	11 Macaroni & Cheese w/Roll Hotdog on Bun w/Chili Corn & Spinach Baked Apples Fruit, Milk	12 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Baked Potato & Vegetable Soup Fruit, Milk
15 Homemade Meatloaf over Rice w/Gravy Pork BBQ on Bun Steamed Cabbage, Carrots & Coleslaw, Fruit, Milk Free Frozen Fruit Treat	16 Chicken Fajita w/Cheese, Lettuce, Tomato & Sour Cream Mountaineer Burger w/Onion Rings, Sweet Baby Ray's BBQ Broccoli & Baked Beans Fruit, Milk	17 Fish Filet on Bun Chicken Filet (or Spicy) on Bun Potato Wedges, Carrots & Coleslaw Fruit, Milk	18 Tangerine Chicken over Rice Chicken Quesadilla Spinach & Peas Fruit, Milk	19 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Candied Sweet Potatoes & Vegetable Soup Fruit, Milk
22 French Toast & Sausage Garlic Cheese French Bread Carrots & Tater Tots Baked Apples Fruit, Milk	23 Soft Taco w/cheese, Lettuce, Tomato & Sour Cream Chicken Chunks w/Roll Refried Beans & Broccoli Fruit, Milk	24 Fish Filet on Bun Cheeseburger on Bun w/lettuce, Tomato & Onion Potato Wedges & Carrots Fruit, Milk Free Frozen Fruit Treat	25 Pizza Deli Sandwiches French Fries & Tossed Salad Fruit, Milk 	
 			<p>Monday - Breakfast Pizza or Pancake & Sausage Minis Tuesday - Mini Pancakes or Chicken Biscuit Wednesday - Sausage Biscuit or Apple Bosco Thursday - Bacon/Egg Croissant Friday - Donuts</p> <p>Foods offered every AM: Cereal w/grahams, Yogurt w/granola, Mini Bagels w/cream cheese, Banana or Blueberry Bread, Poptarts</p>	

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