

WWMS FEBRUARY 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fish Sticks w/Roll Chicken Filet (or Spicy) on Bun w/Lettuce & Tomato, Potato Wedges, Carrots & Coleslaw Fruit, Milk	2 Tangerine Chicken Over Rice Macaroni & Cheese w/Roll Corn & Peas Fruit, Milk	3 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese, Salad Bar Baked Potato & Vegetable Soup Fruit, Milk
6 Spaghetti & Meatballs w/Texas Toast Steak & Cheese Sub w/Peppers, Onions, Lettuce & Tomato Mixed Greens & Carrots Fruit, Milk	7 Oven Fried Chicken w/Roll Salisbury Steak w/Roll Mashed Potatoes & Green Beans Fruit, Milk	8 Fish Filet on Bun Homemade Meatloaf over Rice w/gravy , Roll, Steamed Cabbage & Baked Beans Fruit, Milk Free Frozen Treat	9 Pancakes & Sausage Chicken Quesadilla Tater Tots & Salad Baked Apples Fruit, Milk	10 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Candied Sweet Potatoes & Vegetable Soup Fruit, Milk
13 Lasagna w/Bread Sticks Mini Corndogs Green Beans & Carrots Fruit, Milk	14 "Have It Your Way Hotdog Day" Spinach & Baked Beans Fruit, Milk, Free Vanilla Pudding" 	15 Fish Sticks w/Roll Chicken Filet(or Spicy) on Bun/Lettuce & Tomato Carrots & Coleslaw Fruit, Milk	16 "Build A Burger" (Offer 1 slice of Bacon) Potato Wedges & Mixed Veggies Fruit, Milk	17 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese, Salad Bar Baked Potato & Vegetable Soup Fruit, Milk
20 NO SCHOOL 	21 Chicken Nuggets w/Roll Meatball Sub Mixed Veggies & Peas Fruit, Milk	22 Fish Filet on Bun Cheeseburger on Bun w/ Lettuce, Tomato & Onion Potato Wedges & Carrots Fruit, Milk	23 Barbecued Chicken w/Roll Pork BBQ on Bun Baked Beans, Broccoli & Coleslaw Fruit, Milk Free Frozen Treat	24 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Candied Sweet Potatoes & Vegetable Soup Fruit, Milk
27 Chicken Pot Pie Mountaineer Burger on Bun w/Onion Rings & Sweet Baby Ray's BBQ Sauce Baked Beans & Carrots Fruit, Milk Free Frozen Treat	28 Soft Taco w/Lettuce Tomato & Sour Cream Mini BBQ Chicken Quesadillas Refried Beans & Spinach Fruit, Milk		Monday - Breakfast Pizza or Pancake & Sausage Minis Tuesday - Mini Pancakes or Chicken Biscuit Wednesday - Sausage Biscuit or Apple Bosco Thursday - French Toast Sticks or Oatmeal Friday - Donut with cheese stick Foods offered every AM: Cereal w/grahams, Yogurt w/granola, Bagels w/cream cheese	

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