MCHS MARCH 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Monday - Breakfast Pizza or Pancake & Sausage Minis **Tuesday** - Mini Pancakes or Chicken Biscuit **Wednesday** - Sausage Biscuit or Apple Bosco **Thursday** - Bacon/Egg Croissant **Friday** -Donuts **Foods offered every AM**: Cereal w/grahams, Yogurt w/granola, Mini Bagels w/cream cheese, Banana or Blueberry Bread, Poptarts		1 Fish Filet on Bun Cheeseburger on Bun w/lettuce, Tomato & Onion Potato Wedges & Carrots Fruit, Milk Free Frozen Fruit Treat	2 Spaghetti & Meatballs w/Texas Toast Steak& Cheese Sub w/Onions, Peppers, Lettuce & Tomato, Mixed Veggies & Corn Fruit, Milk	3 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Baked Potato & Vegetable Soup Fruit, Milk
6 Cheese Dippers w/Marinara Mini BBQ Chicken Quesadillas Potato Wedges & Peas Fruit, Milk	7 Lasagna w/Breadstick Mini Corndogs Spinach & Corn Fruit, Milk FREE FROZEN TREAT	8 Fish Filet on Bun Chicken Filet (or Spicy) on Bun Potato Wedges, Carrots & Coleslaw Fruit, Milk	9 Homemade Stromboli w/Marinara Cheeseburger on Bun w/Lettuce, Tomato & Onion Baked Beans & Broccoli Fruit, Milk	10 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Candied Sweet Potatoes & Vegetable Soup Fruit, Milk
13 Chili w/Tostitos Chicken Filet on Bun w/Lettuce & Tomato Baked Beans & Carrots Fruit, Milk	14 Oven Fried Chicken w/Roll Salisbury Steak w/Roll Mashed Potatoes & Green Beans Fruit, Milk FREE FROZEN TREAT	15 Fish Filet on Bun Cheeseburger on Bun w/lettuce, Tomato & Onion Potato Wedges & Carrots Fruit, Milk	16 Macaroni & Cheese w/Roll Hotdog on Bun w/Chili Corn & Spinach Baked Apples Fruit, Milk	17 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Baked Potato & Vegetable Soup Fruit, Milk
20 Homemade Meatloaf over Rice w/Gravy Pork BBQ on Bun Steamed Cabbage, Carrots & Coleslaw, Fruit, Milk Free Frozen Fruit Treat	21 Chicken Fajita w/Cheese, Lettuce, Tomato & Sour Cream Mountaineer Burger w/Onion Rings, Sweet Baby Ray's BBQ Broccoli & Baked Beans Fruit, Milk	22 Fish Filet on Bun Chicken Filet (or Spicy) on Bun Potato Wedges, Carrots & Coleslaw Fruit, Milk	23 Pizza Deli Sandwich w/Chips Corn, Spinach Baked Apples Fruit, Milk 1/2 DAY	24 NO SCHOOL No School Today Professional Day for Our Teachers
27 Pancakes & Sausage Garlic Cheese French Bread Homemade Chicken Pot Pie Carrots & Tater Tots Baked Apples Fruit, Milk	28 Soft Taco w/cheese, Lettuce, Tomato & Sour Cream Chicken Chunks w/Roll Refried Beans & Broccoli Fruit, Milk	29 Fish Filet on Bun Cheeseburger on Bun w/lettuce, Tomato & Onion Potato Wedges & Carrots Fruit, Milk Free Frozen Fruit Treat	30 Spaghetti & Meatballs w/Texas Toast Steak& Cheese Sub w/Onions, Peppers, Lettuce & Tomato, Mixed Veggies & Corn Fruit, Milk	31 Buffalo "Hot" Wings w/Roll Chicken Chunks w/Roll Grilled Cheese Salad Bar, Baked Potato & Vegetable Soup Fruit, Milk

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